



Coaching with The Empowerment Dynamic

Advanced Course

2024 Cohort

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		FEBRUARY	14 Week 1	15	16	17
18	19	20	21 Week 2	22	23	24
25	26	27	28 Week 3	29	1 MARCH	2
3	4	5	6 Week 4	7	8	9
10	11	12	13 Week 5	14	15	16
17	18	19	20 BREAK	21	22	23
24	25	26	27 Week 6	28	29	30
31	1 APRIL	2	3 Week 7	4	5	6
7	8	9	10 Week 8	11	12	13
14	15	16	17 Week 9	18	19	20
21	22	23	24 Week 10	25	26	27
28	29	30	1 MAY BREAK	2	3	4
5	6	7	8 Week 11	9	10	11
12	13	14	15 Week 12	16	17	18
19	20	21	22 Week 13	23	24	25
26	27	28	29 Week 14	30	31	1 JUNE

Live sessions will occur on Wednesdays from 8:30-10:30 AM Pacific Time. In addition to the live sessions, you will be asked to read articles and watch videos and demos provided to you.