



Who Do You Want to Be?

Coaching with The Empowerment Dynamic

Igniting the Living Creator in Each of Us

Week	Date	Cohort*	Session
1	Tuesday, October 3, 2023	8:30-10:30 AM PDT	Kickoff and Orientation: Course Principles and What is Distinct about Coaching with The Empowerment Dynamic
2	Tuesday, October 10, 2023	8:30-10:30 AM PDT	Living As a Creator
3	Tuesday, October 17, 2023	8:30-10:30 AM PDT	Everything is About Outcomes
4	Tuesday, October 24, 2023	8:30-10:30 AM PDT	Loosening the Grip of Your Drama Habits
5	Tuesday, October 31, 2023	8:30-10:00 AM PDT	Who Am I as Coach?
Washington state moves to Standard Time on November 5 th (fall back 1 hour)			
6	Tuesday, November 7, 2023	8:30-10:30 AM PST	Embracing Your Bold Challenger Energy
7	Tuesday, November 14, 2023	8:30-10:30 AM PST	Loving Your Creator Essence
Thanksgiving Break. No live cohort this week (Tuesday, November 21, 2023).			
8	Tuesday, November 28, 2023	8:30-10:30 AM PST	Designing Who You Want to Be
9	Tuesday, December 5, 2023	8:30-10:30 AM PST	Relaxing into the Dynamic Tension
10	Tuesday, December 12, 2023	8:30-10:30 AM PST	Accountability, Completion, and What's Next

*During each live session, you will meet in pods (groups of 3-4) to discuss and practice the material you learn.