



# Who Do You Want to Be?

## Coaching with The Empowerment Dynamic

Igniting the Living Creator in Each of Us

Week	Date	Cohort*	Session
Orientation	Tuesday, April 11, 2023	8:30-9:30 AM PDT	Meet your fellow participants and organize your pods.
1	Tuesday, April 18, 2023	8:30-10:00 AM PDT	<b>Living As a Creator</b>
Pod Work	Week of April 18, 2023	Pod will self-organize time to meet. Discussion topic will be provided.	
2	Tuesday, April 25, 2023	8:30-10:00 AM PDT	<b>Everything is About Outcomes</b>
Pod Work	Week of April 25, 2023	Pod will self-organize time to meet. Discussion topic will be provided.	
3	Tuesday, May 2, 2023	8:30-10:00 AM PDT	<b>Loosening the Grip of Your Drama Habits</b>
Pod Work	Week of May 2, 2023	Pod will self-organize time to meet. Discussion topic will be provided.	
4	Tuesday, May 9, 2023	8:30-10:00 AM PDT	<b>Loving Your Creator Essence</b>
Pod Work	Week of May 9, 2023	Pod will self-organize time to meet. Discussion topic will be provided.	
5	Tuesday, May 16, 2023	8:30-10:00 AM PDT	<b>Embracing Your Bold Challenger Energy</b>
Pod Work	Week of May 16, 2023	Pod will self-organize time to meet. Discussion topic will be provided.	
6	Tuesday, May 23, 2023	8:30-10:00 AM PST	<b>Who Am I as Coach?</b>
Pod Work	Week of May 23, 2023	Pod will self-organize time to meet. Discussion topic will be provided.	
Break	Tuesday, May 30, 2023	No live cohort this week.	
	Week of May 30, 2023	No pod work this week.	

7	Tuesday, June 6, 2023	8:30-10:00 AM PST	<b>Designing Who You Want to Be</b>
Pod Work	Week of June 6, 2023	Pod will self-organize time to meet. Discussion topic will be provided.	
8	Tuesday, June 13, 2023	8:30-10:00 AM PST	<b>Relaxing into the Dynamic Tension</b>
Pod Work	Week of June 13, 2023	Pod will self-organize time to meet. Discussion topic will be provided.	
9	Tuesday, June 20, 2023	8:30-10:00 AM PST	<b>Accountability</b>
Pod Work	Tuesday, June 20, 2023	Pod will self-organize time to meet. Discussion topic will be provided.	
Week 10	Tuesday, June 27, 2023	8:30-9:30 AM PST	<b>Completion &amp; What's Next</b>

\*Each week you will self-organize to meet with your pod (group of 3-4) outside of the required Tuesday sessions.