



# Who Do You Want to Be

## Coaching with The Empowerment Dynamic

Igniting the Living Creator in Each of Us

Week	Date	Cohort*	Session
Orientation	Tuesday, September 20, 2022	8:30-9:30 AM PDT	Meet your fellow participants and organize your pods.
1	Tuesday, September 27, 2022	8:30-10:00 AM PDT	<b>Living As a Creator</b>
Pod Work	Week of September 27, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
2	Tuesday, October 4, 2022	8:30-10:00 AM PDT	<b>Everything is About Outcomes</b>
Pod Work	Week of October 4, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
3	Tuesday, October 11, 2022	8:30-10:00 AM PDT	<b>Loosening the Grip of Your Drama Habits</b>
Pod Work	Week of October 11, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
4	Tuesday, October 18, 2022	8:30-10:00 AM PDT	<b>Loving Your Creator Essence</b>
Pod Work	Week of October 18, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
Break	Tuesday, October 25, 2022	No live cohort this week.	
Pod Work	Week of October 25, 2022	No pod work this week.	
5	Tuesday, November 1, 2022	8:30-10:00 AM PDT	<b>Embracing Your Bold Challenger Energy</b>
Pod Work	Week of November 1, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
6	Tuesday, November 8, 2022	8:30-10:00 AM PST	<b>Who Am I as Coach?</b>
Pod Work	Week of November 8, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	

7	Tuesday, November 15, 2022	8:30-10:00 AM PST	<b>Designing Who You Want to Be</b>
Pod Work	Week of November 15, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
Break	Tuesday, November 22, 2022	No live cohort this week.	Continue homework & journaling.
Pod Work	Week of November 22, 2022	No pod work this week.	
8	Tuesday, November 29, 2022	8:30-10:00 AM PST	<b>Relaxing into the Dynamic Tension</b>
Pod Work	Week of November 29, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
9	Tuesday, December 6, 2022	8:30-10:00 AM PST	<b>Accountability</b>
Pod Work	Week of December 6, 2022	Pod will self-organize time to meet. Discussion topic will be provided.	
Completion	Tuesday, December 13, 2022	8:30-9:30 AM PST	<b>Completion &amp; What's Next</b>

\*Each week you will self-organize to meet with your pod (group of 3-4) outside of the required Tuesday sessions.